

# Infection Control Prevention Practices on Pulmonary TB Transmission among Health Care Personnel of Selected Hospital in India

KARISHMA KHAUND<sup>1</sup>, CHRISTOPHER SUDHAKAR<sup>2</sup>, CHARLET JASMINE VAZ<sup>3</sup>

## ABSTRACT

**Introduction:** Fundamental infection control practices in India revolve around biomedical waste management and disposal of sharps; while Airborne Infection Control (AIC) measures are mostly absent from the protocol of health care facilities.

**Aim:** To assess infection control practices that a health care personnel follows to prevent transmission of Tuberculosis (TB) and to evaluate the resources and facilities available in the area and also to identify the factors which helps to improve the practices.

**Materials and Methods:** A mixed methodological study was carried out to assess the infection control practices for prevention of pulmonary TB. This study was conducted among 82 health care personnel between 2<sup>nd</sup> January 2017 and 4<sup>th</sup> February 2017. Health care personnel (20-35 years) and people who worked in TB units were recruited from a multi-specialty tertiary care hospital. An observation checklist on infection control practices was developed to assess the preventive practices followed by

acknowledge questionnaire. Complete enumerated sampling was used for observing the practices. A focus group discussion was conducted after analysing the Survey findings among health care personnel by purposive sampling. Thematic analysis was used to analyse and identify the emerging themes.

**Results:** The mean age of the participants was 25.76±5.968 years. Non-compliance was found in infection control practices among health care personnel in preventing TB transmission. A total of 58.5% of the participants have good knowledge, 74.1% had answered correctly in the area of personal protective equipment. Intermittent interruption of supply (e.g., N95 masks), lack of knowledge, lack of adherence to infection control practices and lack of awareness by the patients were found to be the factors for non-compliance.

**Conclusion:** This study emphasizes the challenges faced in infection control preventive practices in a resource limited countries and how collective efforts may change and strengthen the practices using available resources.

**Keywords:** Airborne isolation, Health care personnel challenges, Prevention of TB transmission, Resource limited setting

## INTRODUCTION

In the programme of extensive and multidrug resistance cases nosocomial transmission is in the propagation. Along-side with HIV, Tuberculosis (TB) infection is global priority in Healthcare Associated Infection (HAI). Effective prevention strategies are needed to control the transmission of TB mostly in low economic and overcrowded settings of highly susceptible population. TB is the ninth leading cause of death worldwide and also form a single infectious agent, ranking above HIV/AIDS. In 2016, there was an estimated 1.3 million TB deaths among HIV negative people (down from 1.7 million in 2000) and an additional 374 000 deaths among HIV positive people. In 2016, 1936,158 cases of TB were notified by World Health Organization (WHO) in India among which 72% were with known HIV status [1].

India is the country with the highest burden of TB. The WHO TB statistics for India for 2016 gave an estimated incidence figure of 2.79 million cases of TB for India [2]. In 2015, RNTCP (Revised National Tuberculosis Control Programme) was notified with 111 TB cases per 100000 populations. In state of Karnataka, 81187 cases of TB were notified by RNTCP among them 84% of the cases were pulmonary TB [3]. Fundamental infection control practices in India revolve around biomedical waste management and disposal of sharps; while AIC measures were mostly absent from the protocol of health care facilities [4].

The purpose of the study is to assess infection control practices that a health care personnel follows to prevent transmission of TB and to evaluate the resources and facilities available in the area and also to identify the factors which helps to improve the practices; thereby to minimize the risk for transmission of pulmonary TB infections.

## MATERIALS AND METHODS

This study was conducted in a tertiary care multi-specialty hospital in southern India with 82 health care personnel between 2<sup>nd</sup> January 2017 and 4<sup>th</sup> February 2017. Pulmonary medicine departments were selected for the study and combination of staff who were working in the pulmonary medicine department were recruited.

The present study adopted sequential explanatory design (QUAN QUAL) of Mix- methodology approach as the researcher wanted to use both quantitative and qualitative methods in an attempt to acquire deeper understandings of health care personnel experiences on infection control practices and identify the factors to improve those practices to prevent pulmonary TB within the single study. Quantitative data was collected among health care personnel by an observation checklist and by administering a structured knowledge questionnaire. After the analysis of these quantitative data researcher has conducted a focus group discussion.

The data was collected after obtaining administrative permission, Institutional Ethical Committee registration (IEC) number is 813/2017. Informed consent was taken from the participant after explaining and participant information sheet was also given to each participant.

Units which take care of patient with pulmonary TB like pulmonary ward, emergency, out-patient department were included for the study. Health care personnel working in the units which take care of pulmonary TB patient were considered for the study. Housekeeping staffs were excluded from assessment of knowledge on infection control. Complete enumerated sampling was used for observing the practices of health care personnel and convenient purposive sampling was used for assessing knowledge and for focus group discussion.

In this study, sample size for the observation of infection control practices by health care personnel consisted of all those events that were observed during the data collection period. One health care personnel was observed maximum for five times. An observation checklist was developed by the researcher. The tool consisted of 25 items which were divided into five domains: Standard precaution, Waste management, Isolation practices, Personal Protective Equipment and Respiratory hygiene.

Sample size was calculated based on pilot study findings for assessing knowledge on infection control practices.

Where;

$n$  = minimum sample size

$Z_{1-\alpha/2} = 1.96$  at @ 0.05 level of significance

$p$  = anticipated proportion i.e. 0.6 for power 60%

$q = 1 - p$

$d$  = margin of error i.e. 0.05

$$n = \frac{(Z_{1-\alpha/2})^2 pq}{(d)^2}$$

Final sample size was estimated to be 92 including 5% nonresponse rate. But due to time limitation 82 sample were covered for the knowledge assessment.

$$n = \frac{(1.96)^2 0.6 * (1 - 0.6)}{0.05^2} = 92$$

Sample for Focus group discussion consisted of health care personnel who were available at the time of data collection. The sample used for quantitative were used for qualitative data collection. Sample size was 14.

The survey had captured the socio-demographic data of the respondents. A structured knowledge questionnaire was administered which consisted of 30 items with five domains such as Diagnosis, Transmission, Isolation practices, Personal Protective Equipment, Waste disposable. Each questionnaire had four options from which participants were instructed to select one correct answer. Each question carried one mark thus total score for this tool was 30 which is categorized into Excellent (22-30), Good (16-21), Satisfactory (8-15) and Poor (0-7).

All the tools used in this study were validated by seven experts from the field of Microbiology, Infection Control, Nursing and Pulmonary Medicine. Reliability of the tool was done by split half method using Spearman Brown Formulae and the tool was found to be reliable. R is 0.87.

After collecting and analysing quantitative data a focus group discussion was carried out to collect qualitative data. The discussion was conducted among 14 health care personnel to elicit reason for non-practice and how to overcome the challenges faced. Focus group discussion was conducted among doctors, nurses, respiratory therapist and housekeeping supervisors in the hospital in one clinical class room which is situated in the out-patient department area. The focus group questions were mainly focus on the challenges faced by health care personnel to comply with the infection control practices. The discussion took around two hours. The language of the discussion was English and it was audiotaped. Confidentiality was maintained throughout the study by giving them participant numbers. Data were transcribed to verbatim and validated. Validation was done by few of the participant and experts from qualitative research field. Categories were made by using thematic analysis. Then the investigator identified themes and sub-themes emerging from the data analysis.

## RESULTS

### Descriptive Analysis:

Majority of the study participants were females 56(68.3%) and age group of 20-30(89.2%), the mean age of the participants

were 25.76±5.968 years. Majority of the participants 50(61%) had experience of more than one year and 32(39%) of the participants had less than one year of experience. A total of 69(84.1%) of the participants had not received any training on tuberculosis prevention. Maximum of the participants (56.1%) were nurses [Table/Fig-1].

Sample characteristics	Frequency (f)	Percentage (%)
Age in years		
20-30	73	89.2
>30	9	10.8
Gender		
Male	26	31.7
Female	56	68.3
Department		
Nursing	46	56.1
Respiratory therapist	23	28
Doctors	13	15.9
Work Area		
OPD	10	12.2
Ward	36	43.9
Emergency	32	39
Laboratory	4	4.9
Years of experience		
<1 year	32	39
>1 year	50	61
Training on Tuberculosis		
Yes	13	15.9
No	69	84.1

**[Table/Fig-1]:** Socio demographic characteristics. N=82

Data shows that among 82 health care personnel, 13(15.9%) participants had excellent knowledge, 48(58.5%) had good knowledge regarding TB infection control practices. Although few 20(24.4%) had average knowledge regarding TB infection control practices [Table/Fig-2].

Knowledge score	Frequency(f)	Percentage (%)
Excellent knowledge >80%(24-30)	13	15.9
Good knowledge 60-79%(18-23)	48	58.5
Average knowledge 40-59%(12-17)	20	24.4
Poor knowledge <40% (0-12)	1	1.2

**[Table/Fig-2]:** Frequency (f) and percentage (%) distribution of participants based on knowledge score. N=82

The study showed that health care personnel had knowledge gap in the prevention of the transmission of pulmonary TB. Most of them (67.1%) were unaware regarding isolation room characteristics. Fifty three percentage participants were not aware of disposing waste generated from pulmonary TB patients.

In hand hygiene practice performed by health care personnel it was revealed that 67.3% of them did not perform hand hygiene after touching the patient surroundings. Six percent of health care personnel did not perform hand hygiene after body fluid exposure risk. Out of 27 observations 29.6% of health care personnel maintained cough etiquettes in the work settings. N 95 masks were not used by health care personnel whenever required. Most of the time health care personnel were failed to put three layer masks properly (47.8%), it was either hanging in the neck or in the pockets of health care personnel. Biomedical waste bin was not found in the isolation room. Sputum of the suspected TB cases and Active TB cases were not treated with Phenol before discarding it. There was no separate area found in the units for collecting sputum samples.

### Thematic Analysis:

The findings of the survey were further analysed in-depth for finding the root causes and creating an awareness to bring the suspected

changes. Focus group discussion was conducted for the purpose. Care givers safety vs. Cost, Availability vs. Compliance, Practice vs. Risk and Education vs. Behaviour were the most important theme brought out after the analysis. The themes are described below in details with expressive quotes from the participants.

### 1. Care givers safety vs. Cost

Most of the participants verbalized that health care personnel who provides care to the TB patient should be taken care for the safety of their health. They should consider safety as a prime concern. In the discussion it was agreed upon that care giver safety should be the priority than the cost. As most of the participants expressed that they were not wearing N95 mask as the cost goes to the patients. N95 masks were not provided by the hospital for the health care personnel.

Participant 2: *"Throughout the world now, the care giver safety is first concern, we are not doing charity; we are doing professional work. The care givers safety should be first then the patient, if you are doing some charity work then you are going out of this".*

Sub themes under the main theme emerged were: Comfort of health care personnel, unavailability of Facility, Contact period with the patient and Need based allocation. Participants were asked to clarify whenever needed. One participant stated that wearing N95 mask is very uncomfortable. In addition they told that they cannot wear it for long time as it suffocates.

Participant 7: *"First you have to wear and know the practicality; I have worn it during H1N1 outbreak, it was very suffocating. And many people develop claustrophobia like in MRI they have and not only these; they get mad. Nurses are very good, we should really appreciate them that they wear that long."*

The respondent also reported that they do not have the facility of isolation room as per need. Although patient need to be kept in isolation room it was not possible many a times.

Participant 7: *"...and we don't have facilities. The problem is we have TB patient who is diabetics, renal failure on dialysis and ARDS. How do I manage in isolation where there is no dialysis port? He will 100% die; only one thing we can do is probably we can put him in ICU1 isolation that is only 4 bedded."*

Some of the respondents were concerned about the time period that health care personnel spend with patient with active TB. They stressed on to the point that if time period is less that the risk of transmission is less.

Participant 6: *"When I go to see a patient in isolation room I don't discuss; I just go and examine the patient. So when contact period is extremely short; triple layer is fine. But if you are going there and examining, spending more than 10-15 minutes than you cannot wear triple layer mask. It will become a compromise."*

When discussion was focusing on finding a solution for masking, majority of them were agreed that if suspected cases of pulmonary tuberculosis would be known; there is a possibility to control the transmission by giving surgical mask to the suspected case. Discussion came to an agreement of giving a surgical mask to the suspected patient so that source of infection can be controlled.

Participant 7- *"That is what I am telling; see there is a balance between practicality. What I meant is in any infection control practices, first things is the source control, as 60-70% infection is from the source; if you can reduce the source most of the problem is solved. Firstly, give mask to the patient that itself will reduce the problem. That is what I do."*

### 2. Availability vs. Compliance

Most of the participant agreed that there were enough hand hygiene facility e.g., Handrub, wash basin; however compliance of hand hygiene remains low. Some suggested that nurses carrying hand rub and offering it to doctors may increase the compliance.

However, there was a strong opposition that this will jeopardize the hand hygiene practice and doctors may forget to do it themselves without support. Nurse's time for the same is also considered non-productive. Therefore, encouraging the individual to practice hand hygiene as a part of the clinical practice to emphasize and reinforce.

Participant 2- *"We are practicing hand hygiene but not entirely, in OPD I do, because wash basin is nearby, everytime I see an OPD patient, I wash my hands. In wards, it is not 100%. But in OPD I do that with every contact. By the end of the day the dustbin used to be full of tissue papers."*

### 3. Practice vs. Risk

Sputum of confirmed cases of pulmonary TB and suspected TB cases should be treated well as per standards. Most of the participants agreed that they know about sputum disinfection process and same should be carried out in the settings. All of them stressed that giving phenol in the sputum cup to the patient will be helpful for disinfecting the sample before disposing it. Some participants were surprised to hear that facility of waste bin was not provided in isolation room and suggest implementing the same immediately.

**Practice:** Disinfecting the sputum of pulmonary TB patient

Participant 1- *"Before in one hospital where I have worked for TB patients; there we used to put phenol in sputum cups before giving to the patients."*

**Risk:** Availability of waste management facility and knowledge on waste management

Participant 5- *"Waste bins were not there (surprise) it is not acceptable. It must be there."*

### 4. Education Vs. Behaviour

Influential talk or education to the patient and patient relatives regarding preventive measures on Pulmonary TB is helpful to make the patient and relative aware about the disease and its transmission. All the participants expressed that talking to the patients can have a great impact on their behaviour. It was decided to develop a pamphlet and poster by the staff to educate the patient as well as relatives.

Participant 2- *"Many times patients and relatives do not follow instructions. They used to roam here and there. Every time new patient party may come for visiting the patient. We can put some display so that everyone can read it and go."*

Participant 7- *"Pamphlet is only one of the ways; it cannot replace talking. Talks with nurse's and doctor make huge difference. Two words of mine will be 10 words of anybody. I think that is how it should be. Anyway pamphlet is a good supplement."*

## DISCUSSION

This paper attempts to explore challenges to practice infection control measures in pulmonary TB among health care personnel in resource limited health care setting. Majority (58.5%) of the participants had good knowledge. A 74.1% participant had answered correctly in the area of personal protective equipment. Our findings suggested that knowledge regarding TB infection control practices among health care personnel should be 100%. Another nationwide study reported that 86.1% of the participants obtained a fair score (40.0%–69.0%) in assessing knowledge regarding TB infection control. Forty-seven of the respondents self-reported inappropriate practices [5]. In terms of knowledge regarding transmission, the majority of the participants correctly answered that TB can be transmitted through coughing and sneezing. This finding is in line with a study done in Bangladesh and Pakistan where most of the respondents answered that TB spreads through air droplets, coughing and sneezing [6]. On compliance of personal protective measures, 92 (71.3%) respondents reported

that they used masks, of which 38.8% used the N95 respirators. The current study revealed that there was a specific written policy for hospital infection control but that does not include TB infection control policy. Environmental infection control measures were better than the personal protective measures as there were no adequate supply of mask (N 95) for the health care personnel. TB related information was not available in the facility for the patients. There was no documented training programme on TB for the health care personnel. Similar findings were reported in a study done in Ikeja LGA [7] and India where none of the health care facility out of 20 health care facility had written infection control policy for TB. Only 30% health care facility had reported to have a designated person for TB infection control practices. This study also aligns with the result of present study as 45% health care facility gave information to patient regarding TB prevention practices, cough etiquettes in terms of poster. Only 20% health care facility is observed to give mask for patients with cough [7,8]. In the present study there was no evident of fit test of N 95 mask as discussed in the focus group discussion. Concerns were also related to lack of space to separate the suspected patient with Pulmonary TB and regarding cost of the resources which is chargeable to the patient. The current study also expressed that there is disproportionate focus on personal protective equipment for the health care personnel. These findings were in harmony with a study done by Zelnic J et al., [9]. The qualitative study had categorized the findings related to TB infection control implementation in the setting into three domains. These are: 1) lack of resources; 2) distrust of infection control measures by health care personnel; and 3) a disproportionate focus on personal protective equipment specially respirators. Participants have expressed many difficulties to implement the policy as they have expressed that N95 mask is costly in many hospitals and opening window is difficult during cold weather. Also, many health care personnel were confused regarding N95 mask; although fit testing is required to ensure effectiveness of N95 but none was reported [9]. After the focus group discussion, during consequent visit, it was observed that all the staff in the ward were wearing N95 mask. It was also noted that doctors coming for rounds also started wearing N95 mask after participating in focus group discussion. In the ward and ICU; patients with suspected pulmonary TB were given surgical mask. All the participants expressed that effective communication with patient can have a great impact on their behaviour. It was also decided to develop a pamphlet and poster by the staff to educate patient and relatives on preventive practices for pulmonary TB. It was also observed that all health care personnel voluntarily comply with hand hygiene (nurses decided not to carry hand rub for other health care personnel). Compliance to the waste management improved significantly, for example biomedical waste bins were placed in the isolation rooms. It was also observed that housekeeping personnel's started using N95 masks when they were inside isolation room with pulmonary TB patients. Although 5% phenol was not available in the settings, however 10% sodium hypochlorite was used to disinfect the sputum of pulmonary TB patients.

Reducing transmission of pulmonary TB will require strenuous efforts to improve case detection and initiate right infection control

measures. Despite introduction of DOTs strategy, WHO TB control efforts towards reducing the transmission of TB [1], face significant challenges in many health care settings. Cost is one of the major barriers in resource limiting settings.

## CONCLUSION

The current study explores the elements of hospital infection control practices in resource limited health care setting. Lowering transmission risk for pulmonary TB requires a combination approach centered on rapid identification of active TB cases and tuberculosis drug resistance, exploring available resources followed by rapid initiation of appropriate treatment and adherence support, complemented by universal TBIC (TB Infection Control) measures in healthcare facilities.

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## APPENDIX 1

Tool 1: Knowledge questionnaire on pulmonary TB infection control practices

Instructions:

Please complete the following questions to reflect your opinions as accurately as possible

Please answer all the questions

Please read the following items and put a tick mark wherever appropriate

1. A health care worker is at risk of acquiring Pulmonary TB when-

Suffering from fever and cold

Pregnant lady

Immunocompromised

All of the above

2. Which of the following is true?

N95 respirators protect against exposure to airborne disease.

Surgical masks and N95 respirators can be used interchangeably.

### PARTICULARS OF CONTRIBUTORS:

1. Student, Department of Medical Surgical Nursing, Manipal College of Nursing Manipal, Manipal Academy of Higher Education, Manipal, Udupi, Karnataka, India.
2. Professor, Department of Mental Health Nursing, Manipal College of Nursing Manipal, Manipal Academy of Higher Education, Manipal, Udupi, Karnataka, India.
3. Lecturer, Department of Fundamentals of Nursing, Manipal College of Nursing Manipal, Manipal Academy of Higher Education, Manipal, Udupi, Karnataka, India.

### NAME, ADDRESS, E-MAIL ID OF THE CORRESPONDING AUTHOR:

Miss Karishma Khaund,  
Mainpal College of Nursing, Manipal Academy of Higher Education, Udupi-576104, Karnataka, India.  
E-mail: Khaundkarishma@gmail.com

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Surgical masks protect against exposure to blood and respiratory infection

Both a and c

3. Which procedure can result in the highest risk for transmission of pulmonary TB to a health care personnel?

Urinary catheterization

Endotracheal intubation

Intravenous catheterization

Colonoscopy

4. How can you as a health care personnel prevent transmission of tuberculosis infection?

Administering antibiotics

Administering anti-tuberculosis drugs

Getting vaccinated with BCG

Using standard precaution

5. Which of the following situations will you wear N-95 mask?

During Surgery if the patient is Hbsg positive.

While taking care of patient with HIV/AIDS.

While entering to a room of a patient with airborne infection isolation.

While doing a surgical dressing

6. Which of the following circumstances will you as a health care personnel avoid wearing respiratory protection?

While in the room of a patient with known or suspected active infectious pulmonary tuberculosis.

While accompanying a patient with known or suspected active pulmonary tuberculosis, such as during transit

While present during a procedure for a patient with known or suspected pulmonary tuberculosis that induce coughing.

While caring for patient with extra pulmonary infection.

7. Within how many weeks of skin test a Tuberculin skin test (TST) reactions can be false-negative?

4 weeks.

8 weeks.

12 weeks.

14 weeks.

8. How long does the body's immune system take to react to tuberculin after pulmonary tuberculosis has been transmitted?

48 to 72 hours

7 to 10 days

2 to 8 weeks

6 months or more

9. Which of the following is a complete list of basic personal protective equipment?

Foot wear, gown, cap, gloves, mask and eye wear

Cap, N-95 mask, gown and sterile gloves

N-95 mask, sterile gloves, shoe cover and cap

Cap, sterile gloves, mask and gown

10. A 67-year-old male was diagnosed with drug susceptible pulmonary tuberculosis. He presented with a three week history of night sweats, weight loss, nausea, shortness of breath, and a productive cough. A Chest X-Ray (CXR) revealed severity of disease. Sputum smears were Acid Fast Bacilli (AFB) positive. The patient's weight at diagnosis was 43.6 kilograms. The patient's history included substance abuse.

Q. What are the barriers to completion of treatment for this patient?

Cigarette and alcohol use.

History of substance abuse.

Hepatitis C positive.

All of the above

11. Standard precaution by health care personnel needs to be applied in which one of the following situations?

Taking care of all the patients

Taking care of patient diagnosed with pulmonary tuberculosis.

To prevent only food borne disease

To prevent only water borne disease.

12. Which of the following is NOT a characteristic of an Isolation room with air conditioning?

Negative pressure

Positive pressure

HEPA (High Efficiency Particulate Air) filter

Air exchange 12 per hour

13. When will you as a health care personnel collect sputum sample for diagnostic evaluation?

Early morning before breakfast

Early morning after breakfast

Bedtime before dinner

Bedtime after dinner

14. When would you discontinue airborne precautions for an active pulmonary tuberculosis patient in your settings?

An alternative diagnosis has been made other than tuberculosis.

Demonstration of two consecutive negative AFB (Acid Fast Bacilli) sputum smear results.

Demonstration of two negative-sputum Xpert MTB/RIF results

Anti-tubercular therapy responding to treatment (usually four to seven days)

15. Which one of the following is true?

If Personal protective equipment is not visibly soiled, it may be worn home.

Healthcare workers may launder their own Personal protective equipment if they wish.

Soiled or damaged Personal protective equipment must be removed as soon as possible.

Employees must clean, maintain, repair, and replace their own Personal protective equipment.

16. In your health care facility isolation room with air conditioning is not there. Where will you admit a patient with known or suspected active pulmonary tuberculosis?

an isolation room with open window

single occupancy room with closed door and window

Intensive care unit with other patients

General Wards with other patients.

17. When should health care personnel discard an N-95 mask?

After 8 hours.

After 72 hours.

After 7 days if not contaminated.

After each procedure.

18. When should a surgical mask be discarded?

After 8 hours.

Upto 10 minutes

After completion of duty.

After 12 hours.

19. A patient on chemotherapy for ovarian cancer begins to develop chronic cough with expectoration, night sweats. She was treated for TB in the past but left the course mid-way. When this patient comes for admission to the TB ward, which one of the following should be done by the health care personnel?

Give N-95 mask to the patient.

Place the patient in airborne infection isolation room.

Place the patient in general ward.

Wait for the sputum culture report to come.

20. Which of the following symptoms will be exhibited by patient with active pulmonary tuberculosis?

Chest and lower back pain.

Chills, fever, night sweats and haemoptysis.

Fever of more than 104 degree Fahrenheit and nausea.

Headache and photophobia.

21. Which of the following persons will you put at highest risk among the patient attendant for getting the disease if they are exposed to pulmonary tuberculosis infection?

45-year-old male

17-year-old female.

32-year-old male.

76-year-old female.

22. While collecting a sputum sample which of the following instructions should you give to patient?

Rinse mouth with water and put expectorate into container.

Cough after pursed lip breathing.

Save sputum for two days in covered container.

Save sputum for two days in covered container in freezer.

23. During discharge of a patient with Pulmonary tuberculosis one should give education to the patient regarding prevention of transmission of the disease.

Which one of the below mentioned statements is FALSE?

You should always cover your mouth and nose while sneezing.

It is important that you should isolate yourself from family whenever possible.

You should use tissue to cough in and dispose them properly.

You can use regular plate and utensils whenever you eat.

24. What will you interpret for a client with positive reaction to the purified protein derivative test?

Active TB

Developed a resistance.

Had contact with mycobacterium tuberculosis

Developed a passive immunity.

25. Which of the following contamination is responsible for transmission of pulmonary tuberculosis from one to another?

Fomites.

Cough, sneezing

Hand shaking.

Blood.

26. How should sputum of a patient with active tuberculosis be disposed?

Through in a basin with running water.

Disinfect with 5% phenol.

Autoclave the sample before disposing it.

All of the above.

27. While handling waste of tuberculosis patient which all precaution to be taken?

Gloves

Mask

Gown

All of the above.

28. A 31-year-old male presented to the Emergency Department (ED) after experiencing haemoptysis with 2 month history of productive cough, weight loss, night sweats, and fatigue. The initial sputum specimen was positive for Acid Fast Bacilli (AFB) and the specimen sent for culture, and sensitivity. The patient had a history of heavy alcohol, smoking and drug use, was HIV negative.

Q. Should this patient be admitted to the hospital and placed in an Airborne Infection Isolation Room (AIIR)?

He should be admitted but not isolated; TB has not been confirmed yet.

He should be admitted to a private room because he probably has lung cancer and isolation would be too distressing.

He should not be admitted; he is too infectious to be in the hospital.

He should be admitted and isolated in AIIR.

29. Which of the following is appropriate practice while handling mask?

Mask should be hanged in neck while not in use.

Mask should be removed while not in use and wear again.

Mask should be fixed properly with nose clip and tied in back of the head.

Mask can be shared with others.

30. Where you will discard masks after used in?

Black basket

Red basket

Yellow basket

Anywhere.

## APPENDIX 2

SL NO	Criteria	Yes	No
1	Performs hand hygiene before touching the patient		
2	Performs hand hygiene before clean procedures		
3	Performs hand hygiene after touching the patient		
4	Performs hand hygiene after touching the patient surroundings		
5	Performs hand hygiene after body fluid exposure risk		
6	Limit visitors to the patients		

7	Instructs patient and attendant about respiratory hygiene and cough etiquette.		
8	Provide surgical mask to the patient suspected of having active pulmonary tuberculosis.		
9	Provide tissue to the patients		
10	Provide sputum cup to the patient		
11	Collects sputum specimen in well-ventilated area		
12	Covers the mouth with inner part of arm while sneezing, coughing.		
13	Use N-95 mask for Pulmonary Tuberculosis infected person.		
14	Use gloves while handling with sputum samples		
15	Use mask appropriately- tied both strip in the head and attach the nose clip for proper fitting		
16	Discard gloves after one use		
17	Discard all waste generated from a pulmonary tuberculosis patient in a closed bin.		
18	Discards surgical mask after each procedure		
19	Discard masks in yellow basket		
20	Discard gloves in red basket		
21	Discards sputum after disinfecting it.		
22	Removes N 95 mask appropriately (not touching the inner part) for reuse		
23	Disinfect the sputum sample with 5% phenol before discarding it/as per guidelines		
24	Keep windows open of the working area with pulmonary tuberculosis cases.		
25	Keep used linen in closed linen collecting bucket		

Tool 2: Observation checklist on infection control practices.